

●栄養成分についてはエネルギー、たんぱく質、脂質、炭水化物、食塩相当量を掲載しております。

●アレルギー情報については食品表示法に基づき、以下の品目を掲載しております。

〈特定原材料 8品目〉

えび・かに・くるみ・小麦・そば・卵・乳成分・落花生(ピーナッツ)

〈特定原材料に準ずるもの 20品目〉

あわび、いか、いくら、オレンジ、カシューナッツ、キウイフルーツ、牛肉、ごま、さけ、さば、大豆、鶏肉、バナナ、豚肉、まつたけ、もも、やまいも、りんご、ゼラチン、アーモンド

## 留意事項

(全般)

- ・ 原材料の変更により内容が変更になる場合がございます。  
ご利用の際は都度最新の情報をご確認いただきますようお願いいたします。
- ・ 一部店舗では一覧にないメニューの販売や使用食材が異なる場合がございます。詳細はご利用店舗の従業員へお問い合わせください。
- ・ お客様のお好みでご使用いただく調味料類(醤油、塩、ソース、タバスコ等)の栄養成分、アレルギー情報は情報内に含んでおりません。
- ・ ドリンクバー、スープバー付のメニューの情報に、これらの栄養成分、アレルギー情報は含んでおりません。

(栄養成分について)

- ・ 栄養成分は食材の日本食品標準成分表の数値もしくは検査機関の分析値を元に計算した値です。  
調理条件等により変化する場合がございますので、あくまでお食事の際の目安としてご参照ください。
- ・ 定食や丼などのライス(白米)を使用したメニューの栄養情報は、ライスが通常量の場合の値です。

(アレルギー情報について)

- ・ 使用している食材のアレルギー情報に基づいて表示しております。食材の製造工場・店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。
- ・ 調理器具、食器類、揚げ油は同一のものを使用しており、本来メニューに含まれないアレルギー物質が意図せず混入する場合がございます。
- ・ 店舗の揚げ油及び炒め油は「大豆」を含むものを使用しております。
- ・ 一部の商品に使用している海産物は、えび・かにが混ざる漁法で収穫されています。
- ・ アレルギー物質に対する感受性には大きな個人差がございます。過敏な方、症状が重篤な方は特にご注意いただき、ご注文にあたってはお客様による最終的なご判断をお願いいたします。

※前述の注意事項をご確認いただいた上で、ご参照ください。 / ※一部店舗では販売の無いメニューの掲載がございます。

(株)ジョイフル 品質保証室

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

| ※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。 |                 |              |           |             |              | アレルゲン(●:使用している 空白:使用していない) |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
|----------------------------------------------------------------------------|-----------------|--------------|-----------|-------------|--------------|----------------------------|----|-----|----|----|---|---|-----|------------------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|-------|---|--|--|--|
|                                                                            |                 |              |           |             |              | 特定原材料 8品目                  |    |     |    |    |   |   |     | 特定原材料に準ずるもの 20品目 |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| メニュー名                                                                      | エネルギー<br>(kcal) | たんぱく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | えび                         | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび              | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン | アルコール |   |  |  |  |
| キッズ                                                                        |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| Joy濃厚カルボナーラ                                                                | 691             | 28.3         | 32.3      | 71.2        | 4.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |   |  |  |  |
| Joyチーズインハンバーグセット                                                           | 852             | 29.8         | 38.3      | 91.0        | 2.6          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |   |  |  |  |
| キッズハンバーグプレート                                                               | 813             | 25.0         | 44.9      | 72.4        | 2.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| キッズミートスパゲティプレート                                                            | 621             | 23.7         | 27.3      | 68.7        | 3.3          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       | ● |  |  |  |
| キッズうどんプレート                                                                 | 450             | 11.9         | 19.8      | 54.8        | 4.4          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  | ●   |    |      |    |      |     |      |       |   |  |  |  |
| キッズうどん                                                                     | 140             | 4.6          | 1.5       | 26.6        | 3.4          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |   |  |  |  |
| キッズアイス(チョコ)                                                                | 87              | 1.7          | 4.6       | 9.3         | 0.1          |                            |    |     |    |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| キッズアイス(バニラ)                                                                | 106             | 1.6          | 6.8       | 9.8         | 0.1          |                            |    |     |    |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| キッズカレープレート                                                                 | 406             | 5.9          | 11.4      | 68.2        | 1.7          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  | ●   |    |      |    |      |     | ●    |       |   |  |  |  |
| キッズポテトフライ                                                                  | 436             | 4.1          | 26.5      | 45.1        | 0.5          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| キッズドリアプレート                                                                 | 353             | 5.4          | 14.2      | 51.1        | 1.5          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| キッズドリア                                                                     | 174             | 3.9          | 5.4       | 27.5        | 1.1          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| サラダ                                                                        |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| チェリーモッツアレラとフレッシュトマトのイタリアンサラダ                                               | 159             | 7.5          | 9.1       | 13.7        | 1.6          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| カラダはぐむ！薄切りビーフとミックスビーンズのパワーサラダ                                              | 455             | 17.6         | 31.2      | 25.6        | 1.9          |                            |    | ●   | ●  |    |   | ● |     |                  |    |     | ●    | ●       |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       | ● |  |  |  |
| 彩りサラダ                                                                      | 112             | 2.2          | 5.7       | 14.1        | 1.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 蒸し鶏のゴマだれサラダ                                                                | 231             | 12.9         | 15.4      | 11.5        | 1.9          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     |    |      |    |      |     | ●    |       |   |  |  |  |
| サウザンサラダ                                                                    | 62              | 1.0          | 4.3       | 5.5         | 0.3          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| アルコール                                                                      |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| オールフリー                                                                     | 0               | 0.0          | 0.0       | 0.4         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 生ビール(大)                                                                    | 178             | 1.9          | 0.0       | 14.0        | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 生ビール(中)                                                                    | 128             | 1.4          | 0.0       | 10.1        | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 金麦                                                                         | 151             | 0.7          | 0.0       | 11.6        | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| レモンサワー(大)                                                                  | 129             | 0.1          | 0.1       | 3.1         | 0.3          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| レモンサワー                                                                     | 68              | 0.1          | 0.1       | 2.3         | 0.2          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 濃い目レモンサワー(大)                                                               | 251             | 0.1          | 0.1       | 4.6         | 0.6          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 濃い目レモンサワー                                                                  | 129             | 0.1          | 0.1       | 3.1         | 0.3          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 角ハイボール(大)                                                                  | 147             | 0.1          | 0.1       | 1.6         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 角ハイボール                                                                     | 77              | 0.1          | 0.1       | 1.6         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 濃い目角ハイボール(大)                                                               | 288             | 0.1          | 0.1       | 1.6         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 濃い目角ハイボール                                                                  | 147             | 0.1          | 0.1       | 1.6         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 黒霧島                                                                        | 103             | 0.0          | 0.0       | 0.0         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| いいちこ                                                                       | 102             | 0.0          | 0.0       | 0.0         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 冷酒                                                                         | 167             | 0.5          | 0.0       | 7.4         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 燗酒                                                                         | 167             | 0.5          | 0.0       | 7.7         | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    | </ |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

| ※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。 |                 |              |           |             |              | アレルゲン(●:使用している 空白:使用していない) |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
|----------------------------------------------------------------------------|-----------------|--------------|-----------|-------------|--------------|----------------------------|----|-----|----|----|---|---|-----|------------------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|-------|--|--|--|--|
|                                                                            |                 |              |           |             |              | 特定原材料 8品目                  |    |     |    |    |   |   |     | 特定原材料に準ずるもの 20品目 |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| メニュー名                                                                      | エネルギー<br>(kcal) | たんばく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | えび                         | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび              | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン | アーモンド |  |  |  |  |
| なんこつ唐揚げ                                                                    | 316             | 9.9          | 22.8      | 18.1        | 2.4          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 唐揚げ&ソーセージ                                                                  | 926             | 22.7         | 67.1      | 56.2        | 2.7          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 倍盛りジョイフル塩唐揚げ(単品)                                                           | 1353            | 59.4         | 98.1      | 50.6        | 6.1          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ジョイフル塩唐揚げ(単品)                                                              | 700             | 30.1         | 50.4      | 27.8        | 3.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ソーセージ(3本)                                                                  | 322             | 11.0         | 27.5      | 7.9         | 2.5          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 大分名物りゅうきゅう小鉢                                                               | 84              | 7.3          | 2.2       | 9.0         | 1.6          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    | ●  |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| バランスレシピ                                                                    |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| チェリーモッツアレラとフレッシュトマトのイタリアンサラダ                                               | 159             | 7.5          | 9.1       | 13.7        | 1.6          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| ごろっと野菜とモッツアレラのトマトスープパン(ブルパン)                                               | 460             | 21.0         | 15.0      | 62.4        | 3.9          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| ごろっと野菜とモッツアレラのトマトスープパン(トースト)                                               | 441             | 20.7         | 14.7      | 59.8        | 3.7          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| ごろっと野菜とモッツアレラのトマトスープパン(ライス)                                                | 552             | 21.2         | 9.1       | 96.4        | 3.0          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| ごろっと野菜とモッツアレラのトマトスープパン(単品)                                                 | 256             | 16.2         | 8.4       | 32.2        | 3.0          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| 大豆ミートとサラダ豆の農園タコライス                                                         | 561             | 26.7         | 21.9      | 64.0        | 3.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 野菜たっぷりチキンの竜田揚げと釜揚げしらす丼                                                     | 1058            | 40.8         | 54.7      | 97.3        | 6.0          |                            |    | ●   | ●  |    |   | ● |     |                  |    |     | ●    | ●       |         | ●  |    |    |    | ●  | ●  | ●   | ●  |      |    |      | ●   |      | ●     |  |  |  |  |
| 蒸し鶏のゴマだれサラダと釜揚げしらす丼                                                        | 545             | 24.5         | 20.4      | 66.5        | 4.8          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     | ●    | ●       |         |    | ●  |    |    | ●  | ●  | ●   | ●  |      |    |      | ●   |      | ●     |  |  |  |  |
| 彩り野菜と若鶏の黒酢あんかけ定食                                                           | 1081            | 29.5         | 55.4      | 113.2       | 6.6          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 彩り野菜と若鶏の黒酢あんかけ(単品)                                                         | 747             | 21.9         | 53.4      | 44.5        | 4.0          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  | ●   | ●  |      |    |      |     |      |       |  |  |  |  |
| カラダはぐくむ！薄切りビーフとミックスビーンズのパワーサラダ&アサイーヨーグルト                                   | 521             | 19.6         | 34.2      | 34.4        | 2.0          |                            |    | ●   | ●  |    |   | ● |     |                  |    |     | ●    | ●       |         | ●  |    |    |    | ●  | ●  | ●   | ●  |      |    |      | ●   |      | ●     |  |  |  |  |
| おてごろモーニング                                                                  |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| 目玉焼き納豆朝食                                                                   | 583             | 23.2         | 19.6      | 76.5        | 4.0          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    | ●    |    |      |     |      |       |  |  |  |  |
| 明太子と焼き鮭朝食                                                                  | 426             | 21.8         | 4.7       | 71.4        | 4.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    | ●  |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| 釜揚げしらすの玉子雑炊朝食                                                              | 330             | 15.8         | 6.7       | 49.8        | 3.9          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    | ●  | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| 目玉焼き朝食                                                                     | 522             | 18.6         | 16.8      | 72.2        | 3.7          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    | ●    |    |      |     |      |       |  |  |  |  |
| ベーコンモーニング(ブルパン)                                                            | 288             | 7.5          | 13.2      | 34.0        | 1.7          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ベーコンモーニング(トースト)                                                            | 270             | 7.3          | 12.9      | 31.4        | 1.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ベーコンモーニング(ライス)                                                             | 381             | 7.8          | 7.3       | 68.0        | 0.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| まんぞくモーニング                                                                  |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| エッグプレート(ブルパン)                                                              | 440             | 16.6         | 25.9      | 34.2        | 2.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    | ●    |    |      |     |      |       |  |  |  |  |
| エッグプレート(トースト)                                                              | 422             | 16.3         | 25.6      | 31.7        | 2.0          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| エッグプレート(ライス)                                                               | 532             | 16.8         | 20.0      | 68.3        | 1.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 豚汁定食(納豆)                                                                   | 542             | 14.5         | 14.8      | 85.2        | 3.6          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 豚汁定食(生たまご)                                                                 | 561             | 16.7         | 17.7      | 81.0        | 3.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 豚汁定食(目玉焼き)                                                                 | 561             | 16.7         | 17.7      | 81.0        | 3.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 豚汁定食(キムチ)                                                                  | 507             | 11.2         | 12.3      | 85.3        | 4.5          | ●                          | ●  |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    | ●  |    | ●  | ●  |     | ●  |      |    |      | ●   |      |       |  |  |  |  |
| ソーセージエッグハンバーグプレート(ブルパン)                                                    | 829             | 34.1         | 54.4      | 46.3        | 3.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ソーセージエッグハンバーグプレート(トースト)                                                    | 811             | 33.8         | 54.1      | 43.8        | 3.7          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ソーセージエッグハンバーグプレート(ライス)                                                     | 922             | 34.3         | 48.5      | 80.4        | 3.0          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 幕の内定食                                                                      | 737             | 29.8         | 33.2      | 75.7        | 4.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    | ●  | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 七種の和定食                                                                     | 599             | 26.7         | 16.2      | 84.4        | 4.9          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    | ●  | ●  | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ライトミール                                                                     |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| 明太子をたっぷり使ったスパゲティ                                                           | 431             | 23.3         | 8.9       | 64.7        | 3.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| 大豆ミートとサラダ豆の農園タコライス                                                         | 561             | 26.7         | 21.9      | 64.0        | 3.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 濃厚カルボナーラ                                                                   | 691             | 28.3         | 32.3      | 71.2        | 4.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| チキンドリア                                                                     | 744             | 28.7         | 40.0      | 62.7        | 3.6          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

| ※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。 |                 |              |           |             |              | アレルゲン(●:使用している 空白:使用していない) |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
|----------------------------------------------------------------------------|-----------------|--------------|-----------|-------------|--------------|----------------------------|----|-----|----|----|---|---|-----|------------------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|
|                                                                            |                 |              |           |             |              | 特定原材料 8品目                  |    |     |    |    |   |   |     | 特定原材料に準ずるもの 20品目 |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
|                                                                            |                 |              |           |             |              | えび                         | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび              | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも |
| メニュー名                                                                      | エネルギー<br>(kcal) | たんぱく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| ジョイフル薪窯ベーコンピザ                                                              | 545             | 26.0         | 16.3      | 73.8        | 3.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    | ●  |    |    |    |     |    |      |    |      |
| 5種チーズインハンバーグの鉄板ボロネーゼ                                                       | 1046            | 53.2         | 51.2      | 88.9        | 5.2          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     |    | ●    |    |      |
| パスタ大盛り                                                                     | 159             | 6.8          | 1.0       | 30.6        | 0.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 濃厚ビーフシチューのとりたまオムライス                                                        | 644             | 16.6         | 35.8      | 63.7        | 3.9          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |
| 大阪風あまからカレー(ロースかつ)                                                          | 1125            | 29.3         | 52.7      | 130.0       | 5.7          |                            |    |     | ●  |    | ● | ● |     |                  | ●  | ●   |      |         | ●       | ●  |    | ●  |    |    |    | ●   | ●  |      |    |      |
| 大人のお子様ランチ                                                                  | 955             | 22.3         | 52.1      | 99.0        | 4.4          | ●                          |    |     | ●  |    | ● | ● |     |                  | ●  | ●   |      |         | ●       | ●  |    | ●  |    |    |    | ●   | ●  |      |    |      |
| メガ盛り！大阪風あまからカレー(ロースかつ)                                                     | 1773            | 40.3         | 68.3      | 241.1       | 9.6          |                            |    |     | ●  |    | ● | ● |     |                  | ●  | ●   |      |         | ●       | ●  |    | ●  |    |    |    | ●   | ●  |      |    |      |
| 4種チーズの芳醇ミートペンネグラタン                                                         | 655             | 28.3         | 38.4      | 48.7        | 3.3          |                            |    |     | ●  |    |   | ● |     |                  | ●  | ●   |      |         | ●       | ●  |    | ●  |    |    |    |     | ●  | ●    |    |      |
| ハンバーグ                                                                      |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| 洋食屋さんのビーフシチューハンバーグ                                                         | 718             | 27.1         | 49.6      | 37.6        | 3.8          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |
| グランベッパハンバーグ                                                                | 697             | 30.3         | 48.2      | 30.7        | 3.5          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |
| グランチーズハンバーグ                                                                | 843             | 39.6         | 59.5      | 32.6        | 4.0          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     | ●  |      |    |      |
| 5種チーズのとり〜りチーズインハンバーグ                                                       | 555             | 24.8         | 37.5      | 26.7        | 2.6          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |
| てりたまハンバーグ                                                                  | 711             | 31.9         | 50.2      | 29.0        | 3.7          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    | ●   | ●  |      |    |      |
| ツインハンバーグ                                                                   | 1157            | 52.6         | 81.6      | 44.9        | 5.8          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     | ●  | ●    |    |      |
| 肉旨！厚切り豚肩ロースステーキ ゴールデンマスタードソース                                              | 601             | 33.3         | 40.5      | 21.3        | 3.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    | ●  |    |    |    | ●   |    |      |    |      |
| 肉旨！厚切り豚肩ロースステーキ にんにく醤油                                                     | 600             | 34.6         | 40.6      | 19.4        | 4.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    | ●  |    |    |    |     |    |      |    |      |
| ベッパハンバーグ                                                                   | 585             | 25.1         | 39.7      | 27.9        | 3.1          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |
| どど〜ん！っと大きなミックスグリル                                                          | 1241            | 64.0         | 87.8      | 39.8        | 6.8          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     | ●  |      |    |      |
| チーズハンバーグ                                                                   | 648             | 29.4         | 45.4      | 26.8        | 2.9          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     | ●  |      |    |      |
| ミックスグリル                                                                    | 847             | 41.5         | 59.5      | 30.4        | 4.3          |                            |    |     | ●  |    | ● | ● |     |                  | ●  |     |      |         | ●       | ●  |    | ●  |    |    |    |     | ●  | ●    |    |      |
| 単品・セットメニュー                                                                 |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| 和食セットA                                                                     | 327             | 6.9          | 1.9       | 67.5        | 2.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 和食セットB                                                                     | 327             | 6.9          | 1.9       | 67.5        | 2.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 洋食セットC(ライス)                                                                | 409             | 7.2          | 6.5       | 78.3        | 1.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 洋食セットC(ブルパン)                                                               | 316             | 7.0          | 12.3      | 44.3        | 2.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 洋食セットC(トースト)                                                               | 298             | 6.7          | 12.0      | 41.7        | 1.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 洋食セットE(ライス)                                                                | 409             | 7.2          | 6.5       | 78.3        | 1.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 洋食セットE(ブルパン)                                                               | 316             | 7.0          | 12.3      | 44.3        | 2.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 洋食セットE(トースト)                                                               | 298             | 6.7          | 12.0      | 41.7        | 1.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| サラダセットF                                                                    | 112             | 2.2          | 5.7       | 14.1        | 1.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| サラダセットG                                                                    | 112             | 2.2          | 5.7       | 14.1        | 1.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 小うどん(単品)                                                                   | 134             | 4.9          | 1.3       | 24.7        | 3.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      | ●       | ●       |    |    |    |    |    |    |     |    |      |    |      |
| ライス(単品)                                                                    | 296             | 5.1          | 0.7       | 64.3        | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| ブルパン(単品)                                                                   | 204             | 4.8          | 6.6       | 30.2        | 0.9          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| トースト(単品)                                                                   | 186             | 4.5          | 6.3       | 27.7        | 0.7          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| 明太子(単品)                                                                    | 25              | 4.3          | 0.8       | 0.5         | 0.9          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| 納豆(単品)                                                                     | 61              | 4.7          | 2.8       | 4.4         | 0.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      | ●       | ●       |    |    |    |    |    |    |     |    |      |    |      |
| キムチ(単品)                                                                    | 26              | 1.4          | 0.3       | 4.5         | 1.2          | ●                          | ●  |     | ●  |    |   |   |     |                  | ●  |     |      | ●       | ●       |    |    |    |    |    |    | ●   |    |      |    |      |
| 生たまご(単品)                                                                   | 80              | 6.9          | 5.7       | 0.2         | 0.2          |                            |    |     |    |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| 目玉焼き(単品)                                                                   | 80              | 6.9          | 5.7       | 0.2         | 0.2          |                            |    |     |    |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |
| タルタルソース(単品)                                                                | 156             | 0.2          | 14.8      | 5.4         | 1.0          |                            |    |     |    |    | ● |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    | ●   | ●  |      |    |      |
| あんホイップ(単品)                                                                 | 142             | 2.1          | 2.9       | 27.0        | 0.1          |                            |    |     |    |    |   | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |
| アサイーヨーグルト(単品)                                                              | 66              | 2.0          | 3.0       | 8.8         | 0.1          |                            |    | ●   |    |    |   | ● | ●   |                  |    |     |      |         |         |    | ●  |    |    |    |    | ●   |    | ●    |    |      |

※前述の注意事項をご確認いただいた上で、ご参照ください。 / ※一部店舗では販売の無いメニューの掲載がございます。

(株)ジョイフル 品質保証室

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

| ※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・<br>店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。 |                                     |                              |                   |                             |                                  | アレルゲン(●:使用している 空白:使用していない) |    |         |        |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
|--------------------------------------------------------------------------------|-------------------------------------|------------------------------|-------------------|-----------------------------|----------------------------------|----------------------------|----|---------|--------|----|---|---|-------------|------------------|----|-----|------------------|-----------------------------|-----------------------------|--------|--------|--------|--------|--------|--------|-------------|--------|------------------|--------|--------------|---------|------------------|-----------------------|--|--|--|--|
|                                                                                |                                     |                              |                   |                             |                                  | 特定原材料 8品目                  |    |         |        |    |   |   |             | 特定原材料に準ずるもの 20品目 |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| メニュー名                                                                          | エ<br>ネ<br>ル<br>ギ<br>ー<br><br>(kcal) | たん<br>ぱ<br>く<br>質<br><br>(g) | 脂<br>質<br><br>(g) | 炭<br>水<br>化<br>物<br><br>(g) | 食<br>塩<br>相<br>当<br>量<br><br>(g) | え<br>び                     | かに | くる<br>み | 小<br>麦 | そば | 卵 | 乳 | 落<br>花<br>生 | あ<br>わ<br>び      | いか | いくら | オ<br>レ<br>ン<br>ジ | カ<br>シ<br>ュ<br>ー<br>ナ<br>ッツ | キ<br>ウ<br>イ<br>フ<br>ル<br>ーツ | 牛<br>肉 | ご<br>ま | さ<br>け | さ<br>ば | 大<br>豆 | 鶏<br>肉 | バ<br>ナ<br>ナ | 豚<br>肉 | ま<br>た<br>た<br>け | も<br>も | や<br>まい<br>も | りん<br>ご | ゼ<br>ラ<br>チ<br>ン | ア<br>ー<br>モ<br>ン<br>ド |  |  |  |  |
| 豚汁(単品)                                                                         | 183                                 | 4.6                          | 11.2              | 16.2                        | 2.9                              |                            |    |         | ●      |    |   | ● |             |                  |    |     |                  |                             |                             |        |        |        |        | ●      | ●      |             | ●      |                  |        |              |         |                  |                       |  |  |  |  |
| 味噌汁(単品)                                                                        | 28                                  | 1.7                          | 1.1               | 2.9                         | 1.9                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        | ●      | ●      |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| トッピングメニュー                                                                      |                                     |                              |                   |                             |                                  |                            |    |         |        |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| ジョイフル塩唐揚げ(2個)                                                                  | 261                                 | 11.7                         | 19.1              | 9.1                         | 1.1                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      | ●           |        |                  |        |              |         |                  |                       |  |  |  |  |
| ひとくちチキンスターキ(2個)                                                                | 164                                 | 12.5                         | 10.6              | 3.2                         | 2.1                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      | ●           |        |                  |        |              |         |                  |                       |  |  |  |  |
| えびフライ(2本)                                                                      | 247                                 | 8.3                          | 15.8              | 17.4                        | 0.9                              | ●                          |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      |             |        |                  |        |              | ●       | ●                |                       |  |  |  |  |
| プライムサイコロステーキ(ハーフ)                                                              | 187                                 | 13.2                         | 12.3              | 3.8                         | 1.7                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 目玉焼き(単品)                                                                       | 80                                  | 6.9                          | 5.7               | 0.2                         | 0.2                              |                            |    |         |        |    | ● |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| 白身魚フライ                                                                         | 186                                 | 6.0                          | 12.9              | 11.5                        | 1.1                              |                            |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      |             |        |                  |        |              | ●       | ●                |                       |  |  |  |  |
| ポテトコロッケ                                                                        | 217                                 | 3.8                          | 13.0              | 21.0                        | 1.4                              |                            |    |         | ●      |    |   | ● |             |                  |    |     |                  |                             |                             | ●      | ●      |        |        |        | ●      | ●           |        | ●                |        |              | ●       | ●                |                       |  |  |  |  |
| グリル                                                                            |                                     |                              |                   |                             |                                  |                            |    |         |        |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| プライムサイコロベッパーステーキ                                                               | 513                                 | 29.1                         | 32.4              | 23.0                        | 3.5                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| チーズハンバーグ&プライムサイコロステーキ                                                          | 835                                 | 42.6                         | 57.6              | 30.6                        | 4.6                              |                            |    |         |        |    | ● | ● |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  | ●                     |  |  |  |  |
| チキンスターキ&ハンバーグ                                                                  | 947                                 | 51.6                         | 63.4              | 34.9                        | 5.3                              |                            |    |         | ●      |    | ● | ● |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              | ●       |                  |                       |  |  |  |  |
| 溢れるチーズのチキンイタリアンステーキ                                                            | 559                                 | 33.7                         | 38.2              | 16.8                        | 2.5                              |                            |    |         | ●      |    |   | ● |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  | ●                     |  |  |  |  |
| ひとくちチキンスターキにんにく醤油                                                              | 548                                 | 32.8                         | 38.8              | 14.4                        | 4.7                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      | ●           |        |                  |        |              |         |                  |                       |  |  |  |  |
| メガ盛りひとくちチキンスターキにんにく醤油                                                          | 931                                 | 62.9                         | 64.4              | 18.6                        | 8.5                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      | ●           |        |                  |        |              |         |                  |                       |  |  |  |  |
| 町中華                                                                            |                                     |                              |                   |                             |                                  |                            |    |         |        |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| 倍盛りにこだわり餃子                                                                     | 496                                 | 12.8                         | 24.0              | 56.9                        | 3.5                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| こだわり餃子(4個)                                                                     | 248                                 | 6.4                          | 12.0              | 28.5                        | 1.7                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 背脂たっぷり醤油ラーメン(単品)                                                               | 628                                 | 21.4                         | 33.4              | 61.3                        | 7.2                              |                            |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 背脂たっぷり醤油ラーメンライス餃子セット                                                           | 1172                                | 32.8                         | 46.1              | 154.0                       | 8.9                              |                            |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| ラーメン麺大盛り                                                                       | 125                                 | 4.8                          | 0.7               | 25.0                        | 0.1                              |                            |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| 大分名物ニラ豚定食                                                                      | 1025                                | 32.2                         | 54.8              | 93.0                        | 5.1                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 大分名物ニラ豚(単品)                                                                    | 698                                 | 25.3                         | 53.0              | 25.6                        | 2.7                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 野菜たっぷりちゃんぽん(単品)                                                                | 491                                 | 23.1                         | 14.8              | 68.0                        | 7.2                              |                            |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 野菜たっぷりちゃんぽんライス餃子セット                                                            | 1035                                | 34.5                         | 27.6              | 160.7                       | 9.0                              |                            |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| うなぎ                                                                            |                                     |                              |                   |                             |                                  |                            |    |         |        |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| うなぎ                                                                            | 682                                 | 29.9                         | 22.0              | 88.0                        | 4.4                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      |             |        |                  |        |              |         | ●                |                       |  |  |  |  |
| うなぎ二倍盛り重                                                                       | 1041                                | 54.0                         | 43.3              | 105.4                       | 5.7                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        | ●      |             |        |                  |        |              |         | ●                |                       |  |  |  |  |
| 定食                                                                             |                                     |                              |                   |                             |                                  |                            |    |         |        |    |   |   |             |                  |    |     |                  |                             |                             |        |        |        |        |        |        |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| 倍盛りジョイフル塩唐揚げ定食                                                                 | 1686                                | 66.9                         | 100.1             | 119.2                       | 8.7                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        | ●      | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 倍盛りジョイフル塩唐揚げ(単品)                                                               | 1353                                | 59.4                         | 98.1              | 50.6                        | 6.1                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 肉増し！牛焼肉とおろし唐揚げ定食                                                               | 1501                                | 51.7                         | 86.5              | 118.2                       | 9.5                              | ●                          | ●  |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      | ●      |        |        |        | ●      | ●           |        |                  |        |              | ●       |                  |                       |  |  |  |  |
| 肉増し！牛焼肉とおろし唐揚げ(単品)                                                             | 1150                                | 43.6                         | 84.4              | 46.6                        | 6.4                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      | ●      |        |        |        | ●      | ●           |        |                  |        |              |         |                  |                       |  |  |  |  |
| ロースかつの特選バラエティフライ定食                                                             | 1327                                | 43.0                         | 72.2              | 123.7                       | 7.9                              | ●                          |    |         | ●      |    | ● | ● |             |                  |    |     |                  |                             |                             | ●      | ●      |        | ●      | ●      | ●      |             | ●      |                  |        |              | ●       | ●                |                       |  |  |  |  |
| ロースかつの特選バラエティフライ(単品)                                                           | 994                                 | 35.4                         | 70.2              | 55.1                        | 5.2                              | ●                          |    |         | ●      |    | ● | ● |             |                  |    |     |                  |                             |                             | ●      | ●      |        |        | ●      | ●      |             | ●      |                  |        |              | ●       | ●                |                       |  |  |  |  |
| 牛焼肉とおろし唐揚げ定食                                                                   | 1193                                | 40.2                         | 61.4              | 112.2                       | 8.6                              | ●                          | ●  |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      | ●      |        |        |        | ●      | ●           |        |                  |        |              | ●       |                  |                       |  |  |  |  |
| 牛焼肉とおろし唐揚げ(単品)                                                                 | 842                                 | 32.1                         | 59.3              | 40.6                        | 5.5                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      | ●      |        |        |        | ●      | ●           |        |                  |        |              |         |                  |                       |  |  |  |  |
| 出汁香るロースかつとじ定食                                                                  | 959                                 | 35.5                         | 44.9              | 102.3                       | 9.9                              |                            |    |         | ●      |    | ● | ● |             |                  |    |     |                  |                             |                             |        | ●      |        |        | ●      | ●      |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| 出汁香るロースかつとじ(単品)                                                                | 626                                 | 28.0                         | 42.9              | 33.7                        | 7.3                              |                            |    |         | ●      |    | ● | ● |             |                  |    |     |                  |                             |                             |        | ●      |        |        | ●      | ●      |             |        |                  |        |              |         |                  |                       |  |  |  |  |
| ジョイフル塩唐揚げ定食                                                                    | 1033                                | 37.7                         | 52.4              | 96.4                        | 5.9                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        | ●      | ●      |             | ●      |                  |        |              |         |                  |                       |  |  |  |  |
| ジョイフル塩唐揚げ(単品)                                                                  | 700                                 | 30.1                         | 50.4              | 27.8                        | 3.3                              |                            |    |         | ●      |    |   |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |
| 肉増し！すき焼き鍋定食                                                                    | 1204                                | 42.9                         | 41.9              | 160.8                       | 10.5                             |                            |    |         | ●      |    | ● |   |             |                  |    |     |                  |                             |                             | ●      |        |        |        |        | ●      | ●           |        | ●                |        |              |         |                  |                       |  |  |  |  |

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(株)ジョイフル 品質保証室

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

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|----------------------------------------------------------------------------|-----------------|--------------|-----------|-------------|--------------|----------------------------|----|-----|----|----|---|---|-----|------------------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|
| メニュー名                                                                      | エネルギー<br>(kcal) | たんぱく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | 特定原材料 8品目                  |    |     |    |    |   |   |     | 特定原材料に準ずるもの 20品目 |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |
|                                                                            |                 |              |           |             |              | えび                         | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび              | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご |
| 肉増し！すき焼き鍋(単品)                                                              | 905             | 37.6         | 41.2      | 96.3        | 10.1         |                            |    |     | ●  |    | ● |   |     |                  |    | ●   |      |         |         | ●  |    |    |    |    |    |     |    |      |    |      |     |
| すき焼き鍋定食                                                                    | 1023            | 35.4         | 26.2      | 158.6       | 10.0         |                            |    |     | ●  |    | ● |   |     |                  |    | ●   |      |         |         | ●  |    |    |    |    |    |     |    |      |    |      |     |
| すき焼き鍋(単品)                                                                  | 725             | 30.2         | 25.4      | 94.0        | 9.6          |                            |    |     | ●  |    | ● |   |     |                  |    | ●   |      |         |         | ●  |    |    |    |    |    |     |    |      |    |      |     |
| 旨辛スープのキムチチゲ定食                                                              | 1011            | 40.4         | 35.8      | 129.2       | 7.6          | ●                          | ●  |     | ●  |    | ● |   |     |                  |    |     | ●    |         |         | ●  | ●  |    | ●  |    |    |     |    | ●    |    |      |     |
| 旨辛スープのキムチチゲ(単品)                                                            | 712             | 35.2         | 35.0      | 64.6        | 7.2          | ●                          | ●  |     | ●  |    | ● |   |     |                  |    |     | ●    |         |         | ●  | ●  |    | ●  |    |    |     |    | ●    |    |      |     |
| 彩り野菜と若鶏の黒酢あんかけ定食                                                           | 1081            | 29.5         | 55.4      | 113.2       | 6.6          |                            |    |     | ●  |    |   |   |     |                  |    | ●   |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |     |
| 彩り野菜と若鶏の黒酢あんかけ(単品)                                                         | 747             | 21.9         | 53.4      | 44.5        | 4.0          |                            |    |     | ●  |    |   |   |     |                  |    | ●   |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |     |
| たっぷりおろしの唐揚げ定食                                                              | 1080            | 39.6         | 52.6      | 106.4       | 8.2          |                            |    |     | ●  |    |   |   |     |                  |    | ●   |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |     |
| たっぷりおろしの唐揚げ(単品)                                                            | 747             | 32.0         | 50.6      | 37.8        | 5.6          |                            |    |     | ●  |    |   |   |     |                  |    | ●   |      |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |     |
| 焼き鮭と椎茸の鰹節香る雑炊                                                              | 412             | 23.9         | 8.7       | 56.7        | 5.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      | ●       | ●       | ●  |    |    |    |    |    |     |    |      |    |      |     |
| 丼・麺                                                                        |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |
| 牛肉と焼き葱のみぞれつけそばと釜揚げしらす丼                                                     | 799             | 30.1         | 19.3      | 125.7       | 7.1          |                            |    |     | ●  | ●  | ● |   |     |                  |    | ●   | ●    |         | ●       | ●  |    |    |    |    |    |     |    |      |    |      |     |
| 牛肉と焼き葱のみぞれつけそば(単品)                                                         | 582             | 22.4         | 18.5      | 82.7        | 6.6          |                            |    |     | ●  | ●  | ● |   |     |                  |    | ●   | ●    |         | ●       | ●  |    |    |    |    |    |     |    |      |    |      |     |
| 牛肉と焼き葱のみぞれつけうどんと釜揚げしらす丼                                                    | 723             | 25.1         | 18.3      | 111.5       | 7.7          |                            |    |     | ●  |    | ● |   |     |                  |    | ●   | ●    |         | ●       | ●  |    |    |    |    |    |     |    |      |    |      |     |
| 牛肉と焼き葱のみぞれつけうどん(単品)                                                        | 506             | 17.4         | 17.5      | 68.5        | 7.2          |                            |    |     | ●  |    | ● |   |     |                  |    | ●   | ●    |         | ●       | ●  |    |    |    |    |    |     |    |      |    |      |     |
| そば倍盛り                                                                      | 286             | 10.2         | 1.8       | 57.4        | 0.0          |                            |    |     | ●  | ●  | ● |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |
| うどん倍盛り                                                                     | 210             | 5.2          | 0.8       | 43.2        | 0.6          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |
| じゅわっと出汁溢れる海老天とじうどん                                                         | 949             | 22.9         | 51.1      | 98.4        | 8.5          | ●                          |    |     | ●  |    | ● |   |     |                  |    |     |      | ●       | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| ねぎトロ丼                                                                      | 526             | 23.0         | 12.3      | 77.4        | 4.0          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| すたみな豚丼                                                                     | 1051            | 37.0         | 60.2      | 80.3        | 4.7          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         | ●       |    |    | ●  |    |    |    |     |    |      |    |      |     |
| 特製天重(えび・ナス・かぼちゃ・とり天)                                                       | 1108            | 20.4         | 56.0      | 128.5       | 4.7          | ●                          |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       | ●  |    |    |    |    |    |     |    | ●    |    |      |     |
| ご当地系                                                                       |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |
| 大分名物りゅうきゅう丼                                                                | 506             | 21.6         | 5.9       | 88.4        | 5.4          |                            |    |     | ●  |    | ● |   |     |                  |    |     | ●    |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| たっぷりタルタルソースのチキン南蛮定食                                                        | 1210            | 35.3         | 63.0      | 119.1       | 7.4          |                            |    |     | ●  |    | ● |   |     |                  |    | ●   |      |         | ●       | ●  |    | ●  |    |    |    |     |    | ●    | ●  |      |     |
| たっぷりタルタルソースのチキン南蛮(単品)                                                      | 877             | 27.8         | 61.0      | 50.5        | 4.8          |                            |    |     | ●  |    | ● |   |     |                  |    | ●   |      |         | ●       | ●  |    | ●  |    |    |    |     |    | ●    | ●  |      |     |
| 大分名物ニラ豚定食                                                                  | 1025            | 32.2         | 54.8      | 93.0        | 5.1          |                            |    |     | ●  |    |   |   |     |                  |    |     | ●    |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |     |
| 大分名物ニラ豚(単品)                                                                | 698             | 25.3         | 53.0      | 25.6        | 2.7          |                            |    |     | ●  |    |   |   |     |                  |    |     | ●    |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |     |
| とり天定食                                                                      | 962             | 31.4         | 51.9      | 90.0        | 7.4          |                            |    |     | ●  |    | ● | ● |     |                  |    | ●   |      | ●       | ●       |    | ●  |    |    |    |    |     |    |      |    |      |     |
| とり天(単品)                                                                    | 628             | 23.9         | 49.9      | 21.4        | 4.8          |                            |    |     | ●  |    | ● | ● |     |                  |    | ●   |      | ●       | ●       |    | ●  |    |    |    |    |     |    |      |    |      |     |
| 野菜たっぷりちゃんぽん(単品)                                                            | 491             | 23.1         | 14.8      | 68.0        | 7.2          |                            |    |     | ●  |    | ● |   |     |                  |    |     | ●    |         | ●       |    | ●  |    |    |    |    |     |    |      |    |      |     |
| 野菜たっぷりちゃんぽんライス餃子セット                                                        | 1035            | 34.5         | 27.6      | 160.7       | 9.0          |                            |    |     | ●  |    | ● |   |     |                  |    |     | ●    |         | ●       | ●  |    | ●  |    |    |    |     |    |      |    |      |     |
| 大分名物りゅうきゅうミニ丼                                                              | 276             | 10.6         | 2.7       | 50.4        | 1.6          |                            |    |     | ●  |    |   |   |     |                  |    |     | ●    |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| デザート                                                                       |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |
| ハーゲンダッツストロベリーとカスピ海ヨーグルトのミニパフェ                                              | 210             | 3.8          | 11.6      | 23.1        | 0.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| ハーゲンダッツストロベリーとレアチーズのご褒美パフェ                                                 | 354             | 5.8          | 21.8      | 34.4        | 0.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| お芋の小さな和みパフェ                                                                | 325             | 4.1          | 15.7      | 42.3        | 0.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| お芋とフロマージュの濃密パフェ                                                            | 382             | 4.5          | 19.1      | 48.6        | 0.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| 濃厚ショコラとベリーの窯焼きパンケーキ                                                        | 460             | 6.9          | 21.7      | 59.9        | 0.6          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| あんバターのふわとろフロマージュパンケーキ                                                      | 363             | 9.4          | 20.5      | 35.4        | 0.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| オセロアイス                                                                     | 240             | 3.8          | 13.7      | 25.4        | 0.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| 至福のチョコレートパフェ                                                               | 458             | 6.8          | 25.7      | 49.6        | 0.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| 珈琲ゼリー                                                                      | 236             | 2.3          | 10.5      | 33.5        | 0.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| 大人の口溶けティラミス                                                                | 181             | 1.3          | 13.4      | 14.3        | 0.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         | ●       |    |    |    |    |    |    |     |    |      |    |      |     |
| JilさんのN.Y.チーズケーキ                                                           | 243             | 4.0          | 16.2      | 20.6        | 0.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |

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|---------------------------------------------------------------------------|-----------------|--------------|-----------|-------------|--------------|----------------------------|----|-----|----|----|---|---|-----|------------------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|-------|--|--|--|--|
|                                                                           |                 |              |           |             |              | 特定原材料 8品目                  |    |     |    |    |   |   |     | 特定原材料に準ずるもの 20品目 |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| メニュー名                                                                     | エネルギー<br>(kcal) | たんぱく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | えび                         | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび              | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン | アーモンド |  |  |  |  |
| クラシックガトーショコラ                                                              | 171             | 3.2          | 7.9       | 21.8        | 0.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| カフェプレートランチ                                                                |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| (月)ベーコンチーズハンバーグ&蒸し鶏サラダ                                                    | 770             | 33.0         | 43.3      | 57.6        | 4.0          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   |      | ●     |  |  |  |  |
| (火)白身魚フライとひとくちチキン&蒸し鶏サラダ                                                  | 684             | 32.2         | 34.8      | 57.6        | 4.6          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     |    |      |    |      | ●   | ●    | ●     |  |  |  |  |
| (水)おろしボン酢ハンバーグ&蒸し鶏サラダ                                                     | 723             | 27.2         | 41.4      | 56.3        | 3.3          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     |    |      |    |      | ●   | ●    | ●     |  |  |  |  |
| (木)和風チキンステーキ&ポテトクロック&蒸し鶏サラダ                                               | 702             | 25.7         | 35.7      | 66.3        | 3.5          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    | ●     |  |  |  |  |
| (金)焼きしゃぶとポテトクロック&蒸し鶏サラダ                                                   | 803             | 22.4         | 50.1      | 60.9        | 2.3          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    | ●     |  |  |  |  |
| (土)和風ハンバーグ&蒸し鶏サラダ                                                         | 692             | 27.3         | 36.7      | 58.7        | 3.4          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    | ●     |  |  |  |  |
| 日替わりランチ                                                                   |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| (月)豚肉のにんにく醤油&唐揚げ(ブルパン)                                                    | 861             | 29.0         | 58.7      | 48.9        | 3.5          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| (月)豚肉のにんにく醤油&唐揚げ(トースト)                                                    | 842             | 28.7         | 58.4      | 46.3        | 3.4          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| (月)豚肉のにんにく醤油&唐揚げ(ライス)                                                     | 953             | 29.3         | 52.8      | 82.9        | 2.7          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| (火)ハンバーグ&ポテトクロック(ブルパン)                                                    | 882             | 28.2         | 52.7      | 69.4        | 4.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (火)ハンバーグ&ポテトクロック(トースト)                                                    | 864             | 28.0         | 52.4      | 66.9        | 4.6          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (火)ハンバーグ&ポテトクロック(ライス)                                                     | 975             | 28.5         | 46.8      | 103.5       | 3.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (水)てりやきベppardチキンステーキ&白身魚フライ(ブルパン)                                         | 608             | 25.2         | 33.6      | 48.8        | 3.7          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (水)てりやきベppardチキンステーキ&白身魚フライ(トースト)                                         | 590             | 24.9         | 33.3      | 46.3        | 3.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (水)てりやきベppardチキンステーキ&白身魚フライ(ライス)                                          | 701             | 25.4         | 27.7      | 82.9        | 2.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (木)ハンバーグ&白身魚フライ(ブルパン)                                                     | 853             | 30.8         | 52.2      | 60.8        | 5.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (木)ハンバーグ&白身魚フライ(トースト)                                                     | 835             | 30.5         | 51.9      | 58.3        | 4.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (木)ハンバーグ&白身魚フライ(ライス)                                                      | 946             | 31.1         | 46.3      | 94.9        | 4.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| (金)ハンバーグ&唐揚げ(ブルパン)                                                        | 927             | 36.5         | 58.3      | 58.2        | 5.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| (金)ハンバーグ&唐揚げ(トースト)                                                        | 909             | 36.2         | 58.0      | 55.7        | 4.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| (金)ハンバーグ&唐揚げ(ライス)                                                         | 1020            | 36.7         | 52.4      | 92.3        | 4.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| (土)ガーリックチキンステーキ&ポテトクロック(ブルパン)                                             | 642             | 23.3         | 34.1      | 57.7        | 4.3          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   |      |       |  |  |  |  |
| (土)ガーリックチキンステーキ&ポテトクロック(トースト)                                             | 624             | 23.0         | 33.8      | 55.2        | 4.1          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   |      |       |  |  |  |  |
| (土)ガーリックチキンステーキ&ポテトクロック(ライス)                                              | 735             | 23.5         | 28.2      | 91.8        | 3.4          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   |      |       |  |  |  |  |
| 和膳セット                                                                     | 37              | 2.5          | 1.2       | 4.4         | 2.6          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    | ●  | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| ライスをカレーライスへ変更                                                             | 353             | 6.2          | 14.8      | 47.1        | 4.4          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| ボリューム満点ランチ                                                                |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| グランてりやきハンバーグ&唐揚げクロック定食                                                    | 1482            | 52.8         | 81.7      | 124.1       | 8.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| すたみなチキン南蛮丼(小うどん付き)                                                        | 1297            | 40.0         | 66.9      | 123.6       | 8.1          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    | ●  | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| ランチアイス                                                                    |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| ランチアイス(チョコ)                                                               | 87              | 1.7          | 4.6       | 9.3         | 0.1          |                            |    |     |    |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| ランチアイス(パニラ)                                                               | 106             | 1.6          | 6.8       | 9.8         | 0.1          |                            |    |     |    |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| フェア                                                                       |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| たっぷりおろしと出汁ボン酢のロースかつ(単品)                                                   | 604             | 21.5         | 40.1      | 42.2        | 5.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  | ●   |    | ●    |    |      |     |      |       |  |  |  |  |
| たっぷりおろしと出汁ボン酢のロースかつ定食                                                     | 931             | 28.4         | 41.9      | 109.7       | 8.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  | ●   |    | ●    |    |      |     |      |       |  |  |  |  |
| つけ麺大盛り                                                                    | 189             | 4.8          | 0.8       | 38.5        | 0.7          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| ふたつの味わいチーズハンバーグ(単品)                                                       | 1130            | 52.3         | 79.5      | 44.2        | 5.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       |  |  |  |  |
| ふたつの味わいチーズハンバーグセット                                                        | 1539            | 59.5         | 86.0      | 122.5       | 6.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       |  |  |  |  |
| 鯉節香る濃厚つけ麺(単品)                                                             | 682             | 30.0         | 20.7      | 90.7        | 9.2          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| 鯉節香る濃厚つけ麺と明太子ご飯                                                           | 1006            | 39.7         | 22.3      | 155.9       | 10.1         |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| 深まる秋のモンブランパフェ                                                             | 365             | 3.3          | 11.7      | 62.2        | 0.2          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

| ※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。 |                 |              |           |             |              | アレルゲン(●:使用している 空白:使用していない) |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
|----------------------------------------------------------------------------|-----------------|--------------|-----------|-------------|--------------|----------------------------|----|-----|----|----|---|---|-----|------------------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|-------|---|--|--|--|
|                                                                            |                 |              |           |             |              | 特定原材料 8品目                  |    |     |    |    |   |   |     | 特定原材料に準ずるもの 20品目 |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| メニュー名                                                                      | エネルギー<br>(kcal) | たんぱく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | えび                         | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび              | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン | アーモンド |   |  |  |  |
| 誘惑のミニモンブラン                                                                 | 227             | 1.9          | 6.6       | 40.3        | 0.1          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| テイクアウト(サラダ・アペタイザー・単品)                                                      |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| チェリーモッツアレラとフレッシュトマトのイタリアンサラダ                                               | 159             | 7.5          | 9.1       | 13.7        | 1.6          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| カラダはぐむ! 薄切りビーフとミックスビーンズのパワーサラダ                                             | 455             | 17.6         | 31.2      | 25.6        | 1.9          |                            |    | ●   |    |    |   | ● |     |                  |    |     | ●    | ●       |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |   |  |  |  |
| 蒸し鶏のゴマだれサラダ                                                                | 231             | 12.9         | 15.4      | 11.5        | 1.9          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    | ●  |    | ●  | ●  |     |    |      |    |      | ●   |      |       |   |  |  |  |
| サウザンサラダ                                                                    | 62              | 1.0          | 4.3       | 5.5         | 0.3          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 唐揚げ&ソーセージ                                                                  | 937             | 22.8         | 67.1      | 58.8        | 3.1          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| ポテトフライ                                                                     | 446             | 4.3          | 26.5      | 47.7        | 0.8          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 大盛りポテトフライ                                                                  | 893             | 8.5          | 52.9      | 95.5        | 1.7          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| メガ盛りポテトフライ                                                                 | 1339            | 12.8         | 79.4      | 143.2       | 2.5          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| ごぼう唐揚げ                                                                     | 330             | 1.5          | 27.0      | 20.3        | 1.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     | ●    | ●     |   |  |  |  |
| なんこつ唐揚げ                                                                    | 290             | 10.7         | 20.3      | 17.2        | 1.9          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |   |  |  |  |
| 倍盛りこだわり餃子                                                                  | 496             | 12.8         | 24.0      | 56.9        | 3.5          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| こだわり餃子(4個)                                                                 | 248             | 6.4          | 12.0      | 28.5        | 1.7          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| ジョイフル塩唐揚げ(10個)                                                             | 1306            | 58.5         | 95.3      | 45.6        | 5.6          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |   |  |  |  |
| ソーセージ(3本)                                                                  | 296             | 11.8         | 25.0      | 7.0         | 2.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     | ●  |      |    |      |     |      |       |   |  |  |  |
| タルタルソース(単品)                                                                | 156             | 0.2          | 14.8      | 5.4         | 1.0          |                            |    |     |    |    | ● |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     | ●    | ●     |   |  |  |  |
| ライス                                                                        | 296             | 5.1          | 0.7       | 64.3        | 0.0          |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| テイクアウト(オードブルプレート)                                                          |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| オードブルプレートA                                                                 | 1896            | 77.3         | 131.6     | 93.4        | 10.5         |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       | ● |  |  |  |
| オードブルプレートB                                                                 | 4566            | 165.1        | 305.2     | 275.0       | 22.4         | ●                          |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    | ●     | ● |  |  |  |
| テイクアウト(デザート)                                                               |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| JiilさんのN. Y. チーズケーキ                                                        | 243             | 4.0          | 16.2      | 20.6        | 0.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| クラシックガトーショコラ                                                               | 171             | 3.2          | 7.9       | 21.8        | 0.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      |     |      |       |   |  |  |  |
| テイクアウト(日替わりランチ弁当)                                                          |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| (月)豚肉のにんにく醤油&唐揚げ弁当                                                         | 926             | 30.0         | 50.3      | 81.6        | 2.6          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| (火)ハンバーグ&ポテトコロッケ弁当                                                         | 948             | 29.2         | 44.2      | 102.2       | 3.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    | ●     |   |  |  |  |
| (水)てりやきペッパーチキンステーキ&白身魚フライ弁当                                                | 674             | 26.1         | 25.1      | 81.6        | 2.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    | ●     |   |  |  |  |
| (木)ハンバーグ&白身魚フライ弁当                                                          | 919             | 31.8         | 43.7      | 93.6        | 4.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    | ●     |   |  |  |  |
| (金)ハンバーグ&唐揚げ弁当                                                             | 992             | 37.5         | 49.8      | 91.0        | 4.2          |                            |    |     |    |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| (土)ガーリックチキンステーキ&ポテトコロッケ弁当                                                  | 708             | 24.2         | 25.7      | 90.5        | 3.4          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       |   |  |  |  |
| テイクアウト(カフェプレートランチ)                                                         |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| (月)ベーコンチーズハンバーグ&蒸し鶏サラダ                                                     | 770             | 33.0         | 43.3      | 57.6        | 4.0          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       | ● |  |  |  |
| (火)白身魚フライとひとくちチキン&蒸し鶏サラダ                                                   | 684             | 32.2         | 34.8      | 57.6        | 4.6          |                            |    | ●   | ●  |    | ● |   |     |                  |    |     |      | ●       |         | ●  |    |    |    | ●  | ●  |     |    |      |    |      | ●   | ●    | ●     |   |  |  |  |
| (水)おろしポン酢ハンバーグ&蒸し鶏サラダ                                                      | 723             | 27.2         | 41.4      | 56.3        | 3.3          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     |    |      |    |      |     | ●    | ●     |   |  |  |  |
| (木)和風チキンステーキとポテトコロッケ&蒸し鶏サラダ                                                | 702             | 25.7         | 35.7      | 66.3        | 3.5          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    | ●     | ● |  |  |  |
| (金)焼きしゃぶとポテトコロッケ&蒸し鶏サラダ                                                    | 803             | 22.4         | 50.1      | 60.9        | 2.3          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    | ●     | ● |  |  |  |
| (土)和風ハンバーグ&蒸し鶏サラダ                                                          | 692             | 27.3         | 36.7      | 58.7        | 3.4          |                            |    | ●   | ●  |    | ● | ● |     |                  |    |     |      | ●       |         | ●  | ●  |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       | ● |  |  |  |
| テイクアウト(グリル)                                                                |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |   |  |  |  |
| 洋食屋さんのビーフシチューハンバーグ弁当                                                       | 970             | 32.2         | 47.5      | 97.9        | 4.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| 洋食屋さんのビーフシチューハンバーグ(単品)                                                     | 672             | 27.0         | 46.7      | 33.3        | 3.7          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |
| チーズハンバーグ弁当                                                                 | 884             | 34.1         | 42.9      | 83.8        | 3.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |   |  |  |  |
| チーズハンバーグ(単品)                                                               | 585             | 28.9         | 42.2      | 19.2        | 2.7          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |   |  |  |  |
| ペッパーハンバーグ弁当                                                                | 821             | 29.9         | 37.3      | 84.9        | 3.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |   |  |  |  |

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

| ※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。 |                 |              |           |             |              | アレルゲン(●:使用している 空白:使用していない) |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
|----------------------------------------------------------------------------|-----------------|--------------|-----------|-------------|--------------|----------------------------|----|-----|----|----|---|---|-----|------------------|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|-------|--|--|--|--|
|                                                                            |                 |              |           |             |              | 特定原材料 8品目                  |    |     |    |    |   |   |     | 特定原材料に準ずるもの 20品目 |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| メニュー名                                                                      | エネルギー<br>(kcal) | たんぱく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | えび                         | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび              | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まつたけ | もも | やまいも | りんご | ゼラチン | アーモンド |  |  |  |  |
| ペッパーハンバーグ(単品)                                                              | 522             | 24.7         | 36.5      | 20.3        | 2.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| ツインハンバーグ弁当                                                                 | 1393            | 57.3         | 79.2      | 101.9       | 6.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| ツインハンバーグ(単品)                                                               | 1095            | 52.1         | 78.5      | 37.3        | 5.7          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| 5種チーズのとり〜チーズインハンバーグ弁当                                                      | 792             | 29.5         | 35.1      | 83.7        | 2.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| 5種チーズのとり〜チーズインハンバーグ(単品)                                                    | 493             | 24.3         | 34.3      | 19.2        | 2.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| グランベッパーハンバーグ弁当                                                             | 933             | 35.1         | 45.7      | 87.7        | 3.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| グランベッパーハンバーグ(単品)                                                           | 635             | 29.9         | 45.0      | 23.1        | 3.3          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| グランチーズハンバーグ弁当                                                              | 1079            | 44.4         | 57.1      | 89.6        | 4.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| グランチーズハンバーグ(単品)                                                            | 781             | 39.2         | 56.3      | 25.1        | 3.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| てりたまハンバーグ弁当                                                                | 947             | 36.6         | 47.8      | 86.0        | 3.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| てりたまハンバーグ(単品)                                                              | 649             | 31.4         | 47.0      | 21.4        | 3.5          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| 溢れるチーズのチキンイタリアンステーキ弁当                                                      | 795             | 38.5         | 35.8      | 73.8        | 2.7          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| 溢れるチーズのチキンイタリアンステーキ(単品)                                                    | 496             | 33.3         | 35.0      | 9.2         | 2.3          |                            |    |     | ●  |    |   | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| ミックスグリル弁当                                                                  | 1083            | 46.3         | 57.1      | 87.4        | 4.6          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| ミックスグリル(単品)                                                                | 784             | 41.1         | 56.3      | 22.8        | 4.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| どど〜ん！っと大きなミックスグリル弁当                                                        | 1477            | 68.8         | 85.4      | 96.8        | 7.1          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| どど〜ん！っと大きなミックスグリル(単品)                                                      | 1178            | 63.5         | 84.6      | 32.2        | 6.7          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| ひとくちチキンステーキにんにく醤油弁当                                                        | 847             | 38.1         | 39.6      | 79.0        | 5.2          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| ひとくちチキンステーキにんにく醤油(単品)                                                      | 548             | 32.8         | 38.8      | 14.4        | 4.7          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| チキンステーキ&ハンバーグ弁当                                                            | 1184            | 56.4         | 60.9      | 91.9        | 5.6          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   |      |       |  |  |  |  |
| チキンステーキ&ハンバーグ(単品)                                                          | 885             | 51.2         | 60.2      | 27.3        | 5.2          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| プライムサイコロベッパーステーキ弁当                                                         | 749             | 33.9         | 30.0      | 80.0        | 3.8          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| プライムサイコロベッパーステーキ(単品)                                                       | 450             | 28.6         | 29.2      | 15.4        | 3.3          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |  |  |  |  |
| チーズハンバーグ&プライムサイコロステーキ弁当                                                    | 1071            | 47.3         | 55.2      | 87.6        | 4.8          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| チーズハンバーグ&プライムサイコロステーキ(単品)                                                  | 772             | 42.1         | 54.4      | 23.0        | 4.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      | ●     |  |  |  |  |
| テイクアウト(定食)                                                                 |                 |              |           |             |              |                            |    |     |    |    |   |   |     |                  |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |  |  |  |  |
| たっぷりおろしの唐揚げ弁当                                                              | 1016            | 37.8         | 48.8      | 100.8       | 5.5          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| たっぷりおろしの唐揚げ(単品)                                                            | 717             | 32.6         | 48.0      | 36.2        | 5.1          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| ジョイフル塩唐揚げ弁当                                                                | 969             | 35.9         | 48.6      | 90.8        | 3.2          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| ジョイフル塩唐揚げ(単品)                                                              | 670             | 30.7         | 47.9      | 26.2        | 2.8          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| たっぷりタルタルソースのチキン南蛮弁当                                                        | 1146            | 33.6         | 59.2      | 113.5       | 4.7          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     |    |      |    |      | ●   | ●    |       |  |  |  |  |
| たっぷりタルタルソースのチキン南蛮(単品)                                                      | 848             | 28.3         | 58.4      | 48.9        | 4.3          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     |    |      |    |      | ●   | ●    |       |  |  |  |  |
| ロースかつの特選バラエティフライ弁当                                                         | 1263            | 41.2         | 68.4      | 118.1       | 5.2          | ●                          |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| ロースかつの特選バラエティフライ(単品)                                                       | 964             | 36.0         | 67.6      | 53.5        | 4.7          | ●                          |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |  |  |  |  |
| 肉増し！すき焼き鍋弁当                                                                | 1204            | 42.9         | 41.9      | 160.8       | 10.5         |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| 肉増し！すき焼き鍋(単品)                                                              | 905             | 37.6         | 41.2      | 96.3        | 10.1         |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| すき焼き鍋弁当                                                                    | 1023            | 35.4         | 26.2      | 158.6       | 10.0         |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| すき焼き鍋(単品)                                                                  | 725             | 30.2         | 25.4      | 94.0        | 9.6          |                            |    |     | ●  |    | ● |   |     |                  |    |     |      |         |         | ●  |    |    |    | ●  |    |     |    |      |    |      |     |      |       |  |  |  |  |
| 牛焼肉とおろし唐揚げ弁当                                                               | 1164            | 38.5         | 60.3      | 109.3       | 6.7          | ●                          | ●  |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     |    |      |    |      | ●   |      |       |  |  |  |  |
| 牛焼肉とおろし唐揚げ(単品)                                                             | 842             | 32.1         | 59.3      | 40.6        | 5.5          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| 肉増し！牛焼肉とおろし唐揚げ弁当                                                           | 1473            | 50.0         | 85.4      | 115.3       | 7.6          | ●                          | ●  |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     |    |      |    |      | ●   |      |       |  |  |  |  |
| 肉増し！牛焼肉とおろし唐揚げ(単品)                                                         | 1150            | 43.6         | 84.4      | 46.6        | 6.4          |                            |    |     | ●  |    |   |   |     |                  |    |     |      |         |         | ●  | ●  |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| とり天弁当                                                                      | 901             | 29.8         | 48.2      | 85.2        | 4.9          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |
| とり天(単品)                                                                    | 603             | 24.6         | 47.4      | 20.6        | 4.4          |                            |    |     | ●  |    | ● | ● |     |                  |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |  |  |  |  |

※使用している食材のアレルゲン情報に基づいて表示しており、食材の製造工場・

店舗の調理や盛り付けで発生する意図しない混入については表示しておりません。

アレルゲン(●:使用している 空白:使用していない)

特定原材料 8品目 特定原材料に準ずるもの 20品目

| メニュー名                | エネルギー<br>(kcal) | たんぱく質<br>(g) | 脂質<br>(g) | 炭水化物<br>(g) | 食塩相当量<br>(g) | えび | かに | くるみ | 小麦 | そば | 卵 | 乳 | 落花生 | あわび | いか | いくら | オレンジ | カシューナッツ | キウイフルーツ | 牛肉 | ごま | さけ | さば | 大豆 | 鶏肉 | バナナ | 豚肉 | まいたけ | もも | やまいも | りんご | ゼラチン | アーモンド |
|----------------------|-----------------|--------------|-----------|-------------|--------------|----|----|-----|----|----|---|---|-----|-----|----|-----|------|---------|---------|----|----|----|----|----|----|-----|----|------|----|------|-----|------|-------|
| 幕の内弁当                | 682             | 28.9         | 29.4      | 71.4        | 3.1          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         |         |    |    |    | ●  | ●  |    | ●   |    |      |    |      |     |      |       |
| 幕の内(単品)              | 383             | 23.7         | 28.6      | 6.8         | 2.7          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         |         |    |    |    | ●  | ●  |    | ●   |    |      |    |      |     |      |       |
| うな丼                  | 680             | 29.7         | 22.0      | 87.8        | 2.9          |    |    |     | ●  |    |   |   |     |     |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      | ●   |      |       |
| うなぎ二倍盛り重             | 1039            | 53.8         | 43.3      | 105.2       | 4.2          |    |    |     | ●  |    |   |   |     |     |    |     |      |         |         |    |    |    |    | ●  |    |     |    |      |    |      | ●   |      |       |
| 彩り野菜と若鶏の黒酢あんかけ弁当     | 1017            | 27.7         | 51.6      | 107.5       | 3.9          |    |    |     | ●  |    |   | ● |     |     |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |
| 彩り野菜と若鶏の黒酢あんかけ(単品)   | 718             | 22.5         | 50.8      | 43.0        | 3.5          |    |    |     | ●  |    |   | ● |     |     |    |     |      |         |         |    |    |    |    | ●  | ●  |     |    |      |    |      |     |      |       |
| 大分名物ニラ豚弁当            | 997             | 30.5         | 53.7      | 90.1        | 3.2          |    |    |     | ●  |    |   |   |     |     |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |
| 大分名物ニラ豚(単品)          | 698             | 25.3         | 53.0      | 25.6        | 2.7          |    |    |     | ●  |    |   |   |     |     |    |     |      |         |         | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |
| 特製天重(えび・ナス・かぼちゃ・とり天) | 1080            | 18.7         | 54.9      | 125.6       | 2.8          | ●  |    |     | ●  |    | ● | ● |     |     |    |     |      |         |         |    | ●  |    |    | ●  | ●  |     | ●  |      |    |      | ●   |      |       |
| すたみな豚丼               | 1023            | 35.3         | 59.1      | 77.4        | 2.7          |    |    |     | ●  |    | ● |   |     |     |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |
| テイクアウト(ライトミール)       |                 |              |           |             |              |    |    |     |    |    |   |   |     |     |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |
| 濃厚ビーフンチャーのとろたまオムライス  | 644             | 16.6         | 35.8      | 63.7        | 3.9          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         | ●       |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |
| 大阪風あまからカレー(ロースかつ)    | 1125            | 29.3         | 52.7      | 130.0       | 5.7          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         | ●       | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      | ●   | ●    |       |
| チキンドライ               | 744             | 28.7         | 40.0      | 62.7        | 3.6          |    |    |     | ●  |    |   | ● |     |     |    |     |      |         | ●       |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       |
| 4種チーズの芳醇ミートベンネグラタン   | 655             | 28.3         | 38.4      | 48.7        | 3.3          |    |    |     | ●  |    |   | ● |     |     |    |     |      |         | ●       |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       |
| 明太子をたっぷり使ったスパゲティ     | 431             | 23.3         | 8.9       | 64.7        | 3.8          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         |         |    |    | ●  | ●  |    |    |     |    |      |    |      |     |      |       |
| ジョイフル薪窯ベーコンピザ        | 545             | 26.0         | 16.3      | 73.8        | 3.4          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         |         |    |    |    | ●  | ●  |    | ●   |    |      |    |      |     |      |       |
| パスタ大盛り               | 159             | 6.8          | 1.0       | 30.6        | 0.3          |    |    |     | ●  |    |   |   |     |     |    |     |      |         |         |    |    |    | ●  | ●  |    |     |    |      |    |      |     |      |       |
| テイクアウト(キッズ)          |                 |              |           |             |              |    |    |     |    |    |   |   |     |     |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |
| キッズハンバーグ弁当           | 824             | 25.2         | 44.9      | 75.1        | 2.9          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         | ●       | ●  |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |
| キッズカレー弁当             | 417             | 6.0          | 11.4      | 70.8        | 2.1          |    |    |     |    |    |   |   |     |     |    |     |      |         | ●       |    |    |    |    | ●  | ●  | ●   |    |      |    |      | ●   |      |       |
| キッズドライ弁当             | 364             | 5.5          | 14.2      | 53.7        | 1.9          |    |    |     |    |    |   |   |     |     |    |     |      |         |         |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     |      |       |
| テイクアウト(フェア)          |                 |              |           |             |              |    |    |     |    |    |   |   |     |     |    |     |      |         |         |    |    |    |    |    |    |     |    |      |    |      |     |      |       |
| ふたつの味わいチーズハンバーグ(単品)  | 1068            | 51.8         | 76.3      | 36.6        | 5.2          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         | ●       |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       |
| ふたつの味わいチーズハンバーグ弁当    | 1367            | 57.0         | 77.1      | 101.2       | 5.6          |    |    |     | ●  |    | ● | ● |     |     |    |     |      |         | ●       |    |    |    |    | ●  | ●  |     | ●  |      |    |      |     | ●    |       |